



Secondary Breakfast Menu

JAN 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Mini Cinnamon Bagels
Chocolate Muffin
Mixed Fruit

4

Bacon Scramble
Breakfast Pizza
Apple Pie Oats
Baked Cinnamon Apples & Raisins

5

French Toast Sticks
Apple Pie Oats
Fresh Banana & Orange Smiles

6

Biscuit & Gravy
Peaches n' Cream Oats
Diced Peaches

7

Blueberry Mini Waffles
Peaches n' Cream Oats
Applesauce

Happy New Year! Welcome back to school!

10

Oatmeal Round
Yogurt & Fruit Parfait
Pop Tart
Raisins

11

Pancakes
Yogurt & Fruit Parfait
Mixed Fruit

12

Biscuit & Gravy
Yogurt & Fruit Parfait
Pop Tart
Fresh Banana & Orange Smiles

13

Tater Tot Burrito
Yogurt & Fruit Parfait
Pop Tart
Diced Pears

14

Breakfast Pizza
Yogurt & Fruit Parfait
Pop Tart
Orange Smiles

Variety of cereal offered daily

17

NO SCHOOL

18

Whole Grain Bagel
Blueberry Muffin
Diced Peaches

19

French Toast Sticks
Fruit & Yogurt Smoothie
Apple Slices

20

Honey Glazed Chicken
Biscuit
Chocolate Muffin
Banana

21

Cinnamon Roll
Fruit & Yogurt Smoothie
Raisins

Make healthy choices!

24

American Breakfast Sandwich
Yogurt & Fruit Parfait
Raisins

25

Pancakes
Yogurt & Fruit Parfait
Diced Peaches

26

Oatmeal Round
Yogurt & Fruit Parfait
Bananas & Orange Smiles

27

Breakfast Taco Roll
Yogurt & Fruit Parfait
Orange Smiles

28

Cinnamon Roll
Yogurt & Fruit Parfait
Applesauce

Variety of fat free and low fat milk are offered daily

31

Confetti Pancakes
Fruit & Yogurt Smoothie
Diced Pears